



**POSITIVE
EXPO 2008**

A body-mind-spirit fest

**INDIA'S BEST LOVED
SPIRIT FEST RIDES AGAIN.**

Celebrating
WELLNESS

Learn the secrets of perfect wellness
from India's most popular gurus,
healers and trainers.

Leap to quantum well-being
now and forever

October 31, November 1,2

FICCI, Federation House, Tansen Marg, New Delhi

On **sacred ground**

Hear:

- **Dadi Janki, administrative head of the Brahma Kumaris**
- **Swami Nithyananda, founder of Dhyanapeetam**
- **Dr Pranav Pandya, spiritual head of the Global Gayatri Pariwar**



12

fantastic workshops

Healing allergies through homoeopathy with Dr SPS Bakshi



Dr Bakshi has done extensive research on allergy and has 30 years experience in treating over 10,00,000 patients. He is chairman of Baksons Homoeopathy Clinic, a premier chain of speciality ultra-modern clinics spread all over India.

Classifying allergies as skin (eczema, urticaria, acne, psoriasis, alopecia, leucoderma), respiratory (cough/cold, allergic-rhinitis, sinusitis, tonsillitis, bronchial-asthma), digestive (stomatitis, heart-burn, peptic ulcers, constipation, diarrhoea, flatulence), musculoskeletal disorders (rheumatoid-arthritis, myalgia, polyarthritis, slip disc, sciatica, spondylosis, cramps), Dr Bakshi shall explain the link between the various systems in our body and how to deal with the manifestation of allergy in its various forms.

Healing trauma and allowing abundance by Jasmine Bharatan



Traumatic stress blocks our energy and literally stops us from living a complete life. Tapas Acupressure Techniques or TAT releases this trauma and allow a natural flow of the body's energy. The body then heals itself.

Jasmine has a distinguished background in psychotherapy, which she combines with alternative systems of medicine, naturopathy, hypnotherapy, Neuro Linguistic Programming and reiki. The combination of energy healing methods with her classic training bring incredible results, she finds.

PyraVastu by Dr Jiten Bhatt



Use Pyramid Yantra to address life's day-to-day problems and embark on a virtual trip to the mystical land of the pyramids with Dr. Jiten Bhatt.

The father of New Age healing systems in India, his experience and research in pyramid power and its relation to

our health, happiness and prosperity has made him a world authority.

In his workshop, Prof. Dr. Jiten Bhatt will teach the basics of PyraVastu and Pyramid Yantra. He will give a short practical training on how to use Pyramid Yantra for our day-to-day problems. Further, he will also gift each and every participant a small pocket-sized Pyramid Yantra that has created miracles for many.

Note: It will not be possible to gift the people registering on-spot, so it is advised that registration be done beforehand.

Stress management by Prof Arindam Chaudhuri



Maximise wellness and heal yourself of stress by managing your time effectively, obtaining mastery over your feelings, and learning the secrets of communication. Poor relationships and poor control over time are two of the most powerful causes of stress, and therefore of illness.

Renowned author and motivational speaker, Professor Chaudhuri is the Dean, Centre for Economic Research & Advanced Studies at IIPM (The Indian Institute of Planning & Management, New Delhi). Though IIPM is ranked amongst the top 8 B-schools in India, under Professor Chaudhuri's guidance it ranked No. 4 last year and No. 2 this year in the industry interface category of B-school rankings in India.

Kriya Yoga by Roy Eugene Davis



Experience the self through Kriya Yoga conducted by Roy Eugene Davis.

Ordnained by Paramahansa Yogananda in 1951, Mr Roy Eugene Davis is the founder of CSA (Center for Spiritual Awareness) and has taught in more than 100 cities in North America and in Japan, Brazil, Europe, West Africa, and India. He is an acclaimed author whose books are published in 10 languages and in 11 countries. He is also the publisher of *Truth Journal* magazine and writes monthly lessons for CSA members around the world.

Appreciative Inquiry by Dr. Wasundhara Joshi and R Sankarasubramanian



Achieve personal, organisational or familial change by looking at what works, not at what does not. Use success stories and dreams to create a blueprint for excellence. Appreciative

Inquiry is a positive and affirmative approach to change, and is one of the most significant new learnings in the field of management science. It has been called a "paradigm change uniquely created for the opportunities of the 21st century."

Conducted by Dr. Wasundhara Joshi, a pediatrician and a professional member of the Indian Society for Applied Behavioral Science (ISABS) and R Sankarasubramanian, a management consultant and a professional Member of NTL Institute for Applied Behavioral Science and past President of Indian Society for Applied Behavioral Science (ISABS).

NLP by Siri Guru Prakash Kaur Khalsa and Sat Puram Singh Khalsa



Achieve your dreams by tapping the power of the mind with Siri Guru Prakash Kaur Khalsa and Sat Puram Singh Khalsa, Directors of Alphastars Tap Newage Foundation.

With an impressive client list that comprises of leading companies like the Jindal Group, IFFCO, NTPC, ONGC, SATYAM, AYUR, Power Grid, Indian Oil, Birlasoft, Dell, Wipro, EID Parry, PMI, and Bharti AirTel, Alphastars has empowered many individuals with their life-changing technique-oriented experiential workshops. They offer an excellent blend of proven wisdom and the latest scientific techniques of Neuro Linguistic Programming.

Aromatherapy with Dr Blossom Kochhar



Learn the secret of this subtle science of wellness. Learn how to heal from minor illnesses, how to relax and destress, and how to arrive at a glowing state of wellness.

The pioneer of aro-

matherapy in India, Dr Kochhar manufactures her own range of aromatherapy cosmetics, under the brand name Blossom Kochhar Aroma Magic. Her carefully formulated Aroma Magic range presents a rare synergy of aromatherapy and phytotherapy using only the basics from nature and is free of harsh chemicals.

Past-life regression by Dr. Newton Kondaveti



Past-life Regression Therapy (PLRT), is a powerful and valid tool for self-exploration. Learn how information procured through this procedure can be invaluable for personal growth and inner healing, no matter what its source. Experience how once the past-life causes are clearly seen, fully re-experienced, and karmically understood – the present-life effects immediately vanish!

Conducted by Dr Newton Kondaveti, a well-known practitioner, author and trainer in PLTR. He was trained in PLTR by Morris Netherton, Roger Woolger and Dr Brain Weiss, in hypnosis by Indian Association of Hypnosis, and in meditation and spiritual science by Pyramid Spiritual Societies.

The power of intention by Shri Manoj Lekhi and Ms Najoo Sohonie, Siddha Samadhi Yoga



Discover your power to transcend your fate and create your future with practical and tested techniques on creating visions for every area of your life – physical, mental, relational, professional and spiritual. Understand what makes vision statements work. Get inspired with actual experiences of people who have used these techniques and attracted health, wealth and happiness into their lives. This capsule is from their highly successful PI programme.

Conducted by Manoj Lekhi, a disciple of Guruji Shri Rishi Prabhakar and one of the senior teachers of the Siddha Samadhi Yoga (SSY) programme and Najoo Sohonie, a corporate trainer, SSY teacher and life coach.

Healing relationships by Acharya Samadarshini, Oneness University



- Bring excellence and quality into relationships
- Create and manifest a vision for your family
- Break through the hurdles that stop you from achieving your potential

Through a series of empowering insights and transformative exercises, Acharya Samadarshini, director at the Oneness University, will help you to heal the relationships between you and your parents, and between you and your children. These key relationships in your life hold the secret of success, happiness and health. This capsule from the University's powerfully effective Breakthru programme have helped lakhs rebuild their family lives.

Forgiveness by G L Sampoorna



Get a taste of this experiential workshop that centres on the twin themes of positive intention and radical forgiveness using sound-healing, movement, art, imagery and psychological processes to clear the past, transform blocked energy and create healing. Designed and conducted by G.L. Sampoorna, well-known Chennai-based psychologist and workshop leader whose forte is a psycho-spiritual outlook with a metaphysical perspective that focuses on wellness of the body, mind and soul.

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We want you there!

Avail of the special package scheme to enable you to maximise your time at the Expo. Pay only Rs 10,000 for six workshops of your choice and for premier seats at the evening discourses. You will also get two teas and a vegetarian lunch everyday. There will be other incentives and opportunities for those who avail of this offer.

DELEGATE FORM



Tick off your preferences on the coupon given below in the order of 1 to 12 to enable us to accommodate you. Cut out and send this coupon along with the registration form in order to book your seat.

CATEGORY OF WORKSHOP	WORKSHOP CONDUCTED BY	ORDER OF PREFERENCE
Healing allergies through homeopathy	Dr Bakshi	
Healing trauma and allowing abundance	Jasmine Bharatan	
PyraVastu	Dr Jiten Bhatt	
Stress management	Prof Arindam Chaudhari	
Kriya Yoga	Roy Eugene Davis	
Appreciative Inquiry	Dr. Wasundhara Joshi and R Sankarasubramanyan	
NLP	Siri Guru Prakash Kaur Khalsa and Sat Puram Singh Khalsa	
Aromatherapy	Dr Blossom Kochhar	
Past-life Regression Therapy	Dr. Newton Kondaveti	
The power of intention	Shri Manoj Lekhi and Ms Najoo Sohonie, SSY	
Healing relationships	Acharya Samadarshini, Oneness University	
Forgiveness	G L Sampoorna	

Name: _____ Age: _____ Occupation: _____

Gender: _____ Designation: _____ Address: _____

Pin code: _____ Phone no. _____ Email: _____

Price per delegate Rs. 10,000

Deduct 20% Discount Rs. _____ LP Club Membership No. _____

Total Amount: _____

Mode of Payment: Cheque/Money Order/ DD _____ Dated _____

- Each delegate must fill up one form. Photocopies of this form are valid.
- All payments must be drawn on Life Positive Foundation.
- Please fill this form and send it to LIFE POSITIVE FOUNDATION, C-153, OKHLA Industrial Area, Phase-1, New Delh-110 020. Ph: (011) 26902020
- You can also book directly through our website, www.lifepositive.com.

FOR INQUIRIES

Contact (Delhi) **Vijay Dhiman** (Event Manager) 011- 26902017, 09873725110 or **Sanjeev Bhakhri** (Regional Manager, North India) 011- 26902028, 09810800280
(Mumbai) **Issac Chettiar** (Marketing Sr. Executive)
Ph: 022 - 23002576 / 1633.

E-mail : lpexpo2008@lifepositive.net, Website: www.lifepositive.com